

# Vegilax Tablets - HealthAid

**Vegilax Tablets** are formulated using herbal extracts that are gentle yet effective.

| Each Vegilax® Tablets contains (average):                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |        | <b>Recommended Daily Intake of Vegilax Tablets :</b><br><b>Adults and children over 12 years of age, one tablet daily preferably before bedtime.</b><br><b>Adults can increase up to two tablets daily if required. Do not exceed recommended daily intake unless advised by a suitably qualified person.</b><br><br><b>** Caution: Vegilax should not be used for more than 7 consecutive days without consulting a doctor. Avoid if pregnant or breast-feeding.</b><br><br><b>** Free From Yeast, Gluten, Wheat, Soya, Dairy, Sugar, Salt, Artificial Colours, Preservatives &amp; Flavourings</b><br><br><b>** Food Supplements should not be used as a substitute for a varied and balanced diet and</b> |
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| Rhubarb Root Extract (equivalent to 500mg of Rhubarb powder)                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 167mg* |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Liquorice Root Extract (equivalent to 200mg of Liquorice powder)                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 50mg*  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Fennel Seed Extract (equivalent to 200mg of Fennel powder)                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 50mg*  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Fenugreek Seed Extract (equivalent to 200mg of Fenugreek powder)                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 50mg*  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Cayenne Powder                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 50mg*  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Prune Juice Fruit Extract (equivalent to 200mg of Prune powder)                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 40mg*  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Ginger Root Extract (equivalent to 100mg of Ginger powder) [standardised to min 5% gingerols]                                                                                                                                                                                                                                                                                                                                                                                                                            | 5mg*   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| *: EC Nutrient Reference Value Not Yet Established                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>INGREDIENTS FOR VEGILAX TABLETS:</b><br>Bulking Agent (microcrystalline cellulose, di-calcium phosphate), Rhubarb Root Extract ( <i>Rheum officinale</i> ), Liquorice Root Extract ( <i>Glycyrrhiza glabra</i> ), Fennel Seed Extract ( <i>Foeniculum vulgare</i> ), Fenugreek Seed Extract ( <i>Trigonella foenumgrecum</i> ), Cayenne Powder ( <i>Capsicum frutescens</i> ), Prune Juice Fruit Extract ( <i>Prunus domestica</i> ), Anti-caking Agent (veg. magnesium stearate, silicon dioxide, veg.stearic acid), |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |

Standardised Ginger Root  
Extract (*Zingiber officinalis*).

**healthy  
lifestyle.**